

STEPS TO REDUCE BLOOD LOSS

Call 999 immediately



TRAUMA DRESSING
COVER AND COMPRESS

Open the bleed kit and put on gloves

Identify area of bleed, use shears (scissors) to remove clothing if needed



HAEMOSTATIC DRESSING
PLUG/PACK WOUND

Use TRAUMA Dressing to apply direct pressure to the bleed

If bleed is on neck, groin or armpit, pack wound with HAEMOSTATIC

Dressing (push dressing inside wound) then cover with TRAUMA dressing and apply pressure



TOURNIQUET
USE ON ARM/LEG

If bleed is on arm or leg consider use of tourniquet, cover wound with Trauma dressing and apply pressure

DO NOT REMOVE TOURNIQUET ONCE APPLIED

ALWAYS FOLLOW AMBULANCE INSTRUCTIONS THROUGHOUT INCIDENT



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